

Mepilex How To

How To Use

Product description

Mepilex is an absorbent soft silicone dressing. It consists of:

- a soft silicone wound-contact layer (Safetac®)
- a flexible absorbent pad of polyurethane foam and
- an outer film which is vapor permeable and moisture proof.

Safetac Technology

Safetac is a patented soft silicone adhesive technology. On the wound, Safetac assures non-sticking and minimal trauma on removal even in critical situations when the exudate starts to dry out. On the skin, a dressing with Safetac has gentle but secure adhesion with no epidermal stripping or pain on removal.

Mode of action

Mepilex absorbs exudate, maintains a moist wound-healing environment and minimizes the risk for maceration. As Mepilex maintains a moist wound environment, supporting debridement, there might be an initial increase in the wound size. This is normal and to be expected. In case studies, dressings with Safetac Technology have demonstrated to normalize dry and scaly surrounding skin. Thanks to its absorptive properties Mepilex is suitable for use under compression bandaging.

Mepilex gently expands as it takes up exudate. Mepilex can be used in combination with gels.

Intended use

Mepilex is designed for a wide range of exuding wounds such as leg and foot ulcers, pressure ulcers and traumatic wounds, such as skin tears and secondary healing wounds.

Instructions for use

1. Cleanse the wound in accordance with normal procedures.
2. Dry the surrounding skin thoroughly.
3. Remove the release films and apply the adherent side to the wound. Do not stretch.
4. For best results, Mepilex should overlap dry surrounding skin by at least 2 cm. If required, Mepilex can be cut.
5. When necessary, fixate Mepilex with a bandage or another fixation.

Frequency of change

Mepilex may be left in place for several days depending on the condition of the wound and surrounding skin, or as indicated by accepted clinical practice. A change in dressing regimen can result in an initial increased level of exudate which temporarily may require an increased change frequency.

Precautions

In case of clinical signs of infection the use of Mepilex may be continued if proper infection treatment is initiated. Mepilex should be stored in dry conditions below 95°F (35°C). Sterility is guaranteed unless inner package is damaged or opened prior to use. Do not re-sterilize.